Our Story

His Story Coaching and Counseling is the product of a collection of stories that God has been working on for years. Each of our professional coaches and counselors has a story that has brought them here. They are here to help you know and share your story.

In the story of your life, where will you put yesterday? Will you bookmark it so you can turn there often? Or do you want to tear it out and pretend it never happened? Whatever the circumstances, yesterday will be a page among the rest. Things happened, feelings were felt, and history was made. That page and thousands like it make up the story that is your life - your history. We believe it is a story that needs to be told.

Services

His Story Coaching and Counseling provide services for children (3 years and older), teens, adults, seniors, engaged/married couples and families.

Counseling

- Couples Counseling
- Depression
- Anxiety
- Child and Adolescent
- Weight & Fitness
- Eating Disorders
- Physical Intimacy Issues
- Family Issues
- Chronic Pain/Medical Issues
- Death and Dying

Coaching

- Marriage
- Executive
- Creativity
- Relationship
- Career
- Transitions
- Church Planting

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his-story.org

Have a smart phone? Use a free QR reader app and see what you can do with the weird black & white squares.

Where your story is heard and His story is revealed.
COUNSELING

Counseling is a collaborative process which seeks to reveal the truth of life experience with honesty and objectivity. Past pain, fear, or trauma can draw us away from God and others. Whether your story includes depression, relational stress, or behavioral issues, we are here to walk alongside you. It is our hope to be a place of refuge where feelings can be explored and expressed in proper context, and people can find healing from the wounds of life.

As a training site, our counseling staff includes Licensed Professional Counselors as well as graduate level student interns. We use researched methods appropriate for each client’s needs whether they are an individual, a couple, or a family. Our counselors are trained to help with issues ranging from mental disorders in children, adolescents, and adults to relational stress and communication issues. While our counselors hold a Christian worldview, we desire to meet our clients where they are, regardless of their faith background. We depend on training and faith to guide us toward truth.

LIFE COACHING

Our coaches work with people whose stories vary greatly, but share some common themes.

You will work well with our coaches if:

• Your goals are just out of reach
• You are good at what you do but want to be exceptional
• You need motivation or organization
• Your life is managing you

Anyone can live life. We want to help you live life well. Our coaches have been through intensive training, scrutiny, and self-examination. They have explored their stories in light of His story. They are pursuing abundant lives for His glory, and they have a passion for helping others do the same. Let us bring out the best in you that you might be your best for God.

YOU WILL EXPERIENCE AMAZING RESULTS IF:

1. You are open to learn, grow and take some actions steps.

2. There is a gap between where you are now and where you want to be.

Then you can develop the right strategy, implement a plan of action and achieve your life goals and dreams. Anything is possible within our coaching relationship and you owe it to yourself to get the life you really want and the life that God greatly desires for you.

“for I know the plans that I have for you”, declares the Lord, “good plans for you, not plans to hurt you, I will give you hope and a good future.” Jeremiah 29:11